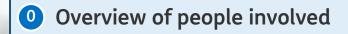
Wpf-Unesco Indonesia

Input on fundraising

Robin Vogelaar September 2018



Overview



1 Fundraising



O A wide range of people / organizations have been involved

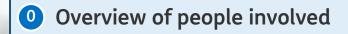
Type of organization

Name of person / organization

Fundraising	 Depaul UK (Kate Wareham) Words that Count / Southern Africa Institute of Fundraising (Melanie Brink Jackson)
Homeless people	 Stichting De Ontmoeting (Meinke Balfoort) Stichting Wielewaal (Laura van de Ven) De Hoop ggz (Melvin Uittenbogaard) Stichting Dak- en Thuislozenzorg Menorah (Ben Bloem) Stichting De Tussenvoorziening (Peter ten Cate) Juvans (Dorieke Wewerinke) Kessler Stichting (Taïs Van Vijnckt)
(Disadvantaged) children	 Teach for America (George Dong) Mercy Centre (Jason Yeo) Stichting Het Vergeten Kind (Jolijn van Spaendonck) Stichting Jarige Job (Amber Merkus)
Disabled people	Samarthanam Trust for the Disabled
Healthcare	Cliniclowns / Clown Care Netherlands (Dominique Knaepen)



Overview



1 Fundraising



1 Fundraising: overview – Rules of thumb

NGOs should preferably diversify type of donors

- As different types of donors are impacted by different external factors, e.g. economic vs political vs other factors
 - Behavior of same type of donors is often correlated

Too high donation tickets should be avoided

- Given dependency on donation and potential funding gap if donation is terminated
 - Cut-down of operations is painful for beneficiaries

Social enterprise funding should be preferred over donation funding

• Social enterprise funding has proven more sticky given tangible service/product in return for money provided



1 Fundraising: overview – Framework

Fu	undraising starts with engagement	Preferred donors	differ for smal	l vs large NGOs
Steps	Description	Likelihood of donating	Large NGO	Small NGO
Engage	 Get people to know about the NGO and establish support for the cause Share content and encourage sharing content with network of friends / acquiantances 	Individuals	•	•
Inform / build trust	 Show how donation money is being used (e.g. through pictures/videos/quantification etc) Measure level of support about cause/orga- 	Companies	•	
Dulla trust	nization, identify profile of supporters • Ask for donation or volunteering support	Foundations/ embassies	•	
Call to Action	Make it as easy as possible by offering multiple options for support	Government	•	

e/f/g/h/i/j

For fundraising also the following elements are important: other income generating activities, CRM, strategic partners, fundraising professionals, and unrestricted funding, and KPIs



Fundraising: individuals - Overview

Target individuals:

• Located in same community (e.g. same neighborhood)

Select

- Who are wealthu
- Having a connection to the country (e.g. expats in other countries)

Assess propensity and capacity (to assess donation potential)

Approach

NGO's have utilized different methods:

- **Events**
- Crowdfundina
- International volunteers
- Product/service sales
- Telemarketing / cold calling¹
- Direct mail²

Achieve marketing via staff / trustees / volunteers and social media

Propose

Focus first on advocation, not moneu

- Provide details on cause and establish emotional connection
- First engage through volunteering

When requesting money:

- Make request as specific as possible (e.g. specific project / beneficiary)
- Focus on smaller but multi-year commitments

Engagement is best via:

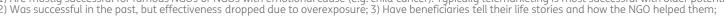
Constant updates/newsletters/ bloas on impact (as concrete as possible), preferably with individual stories (success stories)

Engage

- Event invitations (NGO visits³. volunteering days, etc)
- Small presents
- Christmas/birthday cards

Fundraising campaign can be strengthened by endorsement from celebrity or extensive exposure in the media

¹⁾ Are mostly successful for famous NGOs or NGOs with emotional cause (e.g. child cancer). Typically telemarketing is most successful with older potential donors; 2) Was successful in the past, but effectiveness dropped due to overexposure; 3) Have beneficiaries tell their life stories and how the NGO helped them;





Fundraising: individuals - Events

Context

Main reason for events is community visibility

Most events typically require too many resources

Preferred type of events depend on type of NGO

- Grassroot: open house, auction/raffle, speaker, sports, etc
- Other: fancy, networking, presentation project results

Event	Detailing	Resources required	Financial impact
Open House / speaker event	People are welcome to visit NGO • Potentially with external or NGO speaker	•	•
Fancy event	E.g. dinner, comedy show, musical, orchestra etc		•
Auction / raffle	Auctions / raffles for goods, for example produced by beneficiaries of NGO	•	•
Sport event	Walk / run / swim / etc for a social cause		•
Other	E.g. networking, organization of party, skills workshop, etc	TBD	TBD

- The best events are events organized by a different organization (with NGO as beneficiary)
- It is optimal to organize different types of events to attract a varied audience (e.g. 3-4 per year)



Fundraising: individuals – Crowdfunding: overview

Best practices on crowdfunding per topic Preferably (a) local¹, (b) with significant traffic, (c) where donations can Platform / website be kept even if goal is not achieved, and (d) with high functionality² Campaign should outline benefits, uniqueness, past results and large Messaging / visuals amount of visual evidence: videos, pictures, mock-ups, etc Campaign should be launched with a buzz through social networks, Marketing retweets, potential coverage on related professional networks or (local or national) media through press releases Is a balance of how much is required for a medium-size investment vs **Target** what likely amount of donations¹ amount Rule of thumb: in the US, USD 10,000 often seems a suitable amount⁴

A crowdfunding campaign can potentially be supported by agencies, providing end-to-end content, creatives and publishing

It is optimal to...

...launch one campaign per year on days of giving

• E.g. Thanksgiving, Christmas, etc

...have a specific donation goal

• E.g. specific purchase / project

...not have zero donations for too long

- Own money can be invested
- Friends and family can be asked for pre-campaign funding



Fundraising: individuals – Crowdfunding platforms: decision funnel

Fundraising methodology	Features	Level of customization	Pricing	Other aspects	
Donation-based: most platforms	Software integration (e.g. CRM and payments)	Add logo and change color scheme	Platform fees (% of funds raised)	Customer support (fundraising and/or	
Rewards for donations ¹	Shareability (on social media)	Placement of videos, photos and text	Processing fees	technical support)	
	Mobile responsiveness (for mobile phones)	Giving levels ⁴	. roccosing rocc	Trust (Incl. level of PCI com-	
Item sales (e.g. t-shirts, hats, etc) ²	Management (automatic sending	Incentives	Upfront fees	pliance ⁶ and BBB rating ⁷)	
Peer-to-peer lending / investing ³	Acceptance of payment methods	Post updates on page (to boost giving)	Donor's tips ⁵	Speed of pay-out (ranging from 2 to 14 days)	



Fundraising: individuals – Crowdfunding platforms: overview

Suita-		Keep what	Monthly	Ease of	Only	Pr	ricing	
bility	Platform	is raised?1	traffic	use ²	social?	Platform Processing		Strengths / USPs
	gofundme	1 4	~2.3mln	9.5	×	5%	2.9%+30c	Very easy to use platform
	FUNDLY Fundraising For All	\checkmark	~750k	8.6	\checkmark	4.9%	2.9%/3%+30c	Largest social platform, fully customizable, top-notch integrations and mgmt tools
	 	g 🗸	~320k	N/A	\checkmark	5-7% ⁵	3%	Globally large social platform
	<mark>አ</mark> ትተለት አስተተለ simplygiving	\checkmark	~20k	N/A	√	5%	2.1-3.9% ⁶⁺ 27c	Asia's largest social impact platform, 14 local currencies
	INDIEGOGO	1 4	~1.6mln	7.8	×	5%	3%+30c	One of the earliest platforms
	<u>₩</u> Laz∞	\checkmark	~160k	8.3	\checkmark	4.9%	2%+30c	N/A
	KICKSTARTER	×	~3.1mln	8.6	×	5%	3-5%	Largest global platform
1	Start SomeGood	×	~13k	8.2	\checkmark	5%	3%+30c	Min tipping point ⁸ vs funding goal
	Pozible	×	~400k	8.9	×	5%	3%+30c	Large platform in Asia-Pacific

Scope: international platforms | However, it is optimal to use a local page to avoid significant money transfer fees



Fundraising: individuals – Crowdfunding: suggested activities

Measurement Campaign Pre-campaign and improvement Mass-On social media: ask to Gauae Measure conversion per With closest followers interest share and forward spread crowdfunding step (incl. drop-off) Press Research In related news channels release Examine impacts of different tactics, communications and channels Pay-per-click, tailored to **Audience** Advertize target audience % and amount of donations per Choose optimal platform, Write personalized Set-up characteristic (e.g. age, gender, etc) messaging and amount¹ Build up email list in few Email li<u>st</u> Updates way, day count-downs Efficiency: % cost vs income On social media³: invite to Friend-For donations, e.g. name Reward Ratio of fans/followers Engage 15-25 bloggers E.g. through polls vs new audience Bloggers Feedback through PR pitches or surveys % recurring donations between Ask closest followers to Pre-Incl. thank-you emails and Updates pre-fund before launch updates on money used funding crowdfunding campaigns



¹⁾ See crowdfunding overview page; 2) Rule of thumb: at least 2,000 e-mail contacts before campaign; 3) At least on Facebook, Instagram, Twitter, Pinterest and Youtube

*Fundraising: individuals – International volunteers

implies limited effort, implies significant effort

Suita- bility	Channel	Description	Sug market	Financial results	Effort	
	Own distribution	Use social media (FB/IG/etc) for marketing of program	For all: • Highlight program	Post in groups and invite for direct contact (e.g. Whatsapp or Skype)	•	
	Word of mouth	E.g. request past volunteers to source new volunteers	benefits (incl. differentiation) • Justify pricing (what value is delivered)	Potentially financially reward for successful placement	•	0
	Volunteer websites ¹	Allows to market program directly to potential volunteers	Use many visuals (photos and videos)Show stories of beneficiaries	Choose website/agency with: Significant trafficAttractive pricing	0	•
	Volunteer agencies ²	Matches volunteers to program based on preferred geography and sector ³	• Display past volunteer stories	 Match with candidate preferences Options to display much of NGO characteristics 		•

¹⁾ E.g. www.volunteerhq.org, www.workingabroad.com, www.volunteerinternational.org, www.goabroad.com, www.gooverseas.com, www.globalvolunteers.org, www.projects-abroad.org; 2) E.g. http://www.govoluntouring.com, www.geovisions.org; 3) Does not mention name of NGO



**Fundraising: individuals – International volunteers

implies limited effort, implies significant effort

Suita- bility	Offering	Description	Financial results	Effort	
	Accom- modation	Accommodation in local hostel or at home of person related to organization (e.g. with Airbnb)	•	•	Pricing of program is often
	Food	Offering breakfast, lunch, dinner and snacks (easy if organization provides food to beneficiaries)	•		all-inAllows for easier mark- up on price components
	Language courses	Offering beginner course: course material and somewhat experienced teacher is required	•		on weekly basis • As volunteers join in multiples of weeks
١	Dance classes	Offering beginner course on local dance	•		and commercial • Can be justified given
	Touristic tours	Offering guided tours with guide who can tell stories of the location	•		social cause

Some elements can best be offered with partner provider (e.g. for language, dance or tours)



Fundraising: individuals – Product/service sales

Rules of thumb

Description

Optimal type of product/service depends on type of NGO

- Large/famous: e.g. logo on any small household product
- Small/grassroots: e.g. artesenal products (e.g. wristband, ring, etc) or services performed by beneficiaries
- Advocacy/litigation: e.g. tickets for speaker events

Events are the easiest distribution channel

- Given possibility to establish an emotional connection with the donor
- A physical or digital shop is often less successful
 - People do not actively look to buy for NGO products

It is preferred to hold catalogue for goods offered

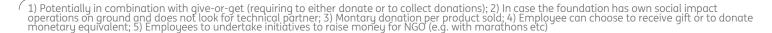
- NGO would act as sales intermediary and not hold inventory
 - Is more cost efficient, creates less uncertainty and does not require to have storage space



Fundraising: companies - Overview

Select **Approach Propose** Engage Preferred factors: Optimal approach is via network Companies can be best engaged via: If the company is not willing to donate Personal relationship Otherwise cold calls / emails Top-down: Invite senior manager on financially there are a few alternatives: Board of Advisers¹ Link to beneficiaries / support Tip box Contact depends on company size: Bottom-up: corporate volunteering, Large: preferably CSR department, Link to location presentation, free training, **Rounding up** (e.g. 96 -> 100) otherwise individual departments mentor/mentee programs, etc (dependent on contacts) Appropriate size Product association³ Send constant updates on impact Small: CEO or executive achieved (as concrete as possible) Significant CSR commitment ATM withdrawal Keep connected via social media Aim for permission to send proposal B₂C Invite for important days (project Employee gifts4 • Based on donation requirements kick-offs / annual status updates) and key deadlines Without own foundation² Employee initiatives⁵

Large companies typically work with 5-10 NGOs, often for 3-5 years per NGO

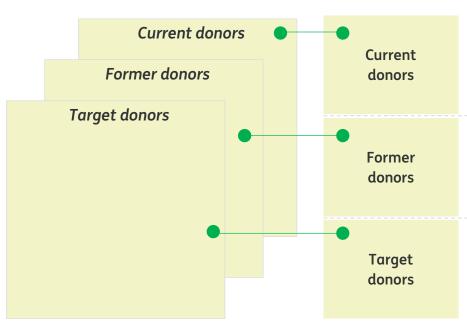




1 Fundraising: companies – Differentiated communication strategy

3 Excel tabs...

...with a differentiated communication strategy



- Determine desired frequency of communication
- Determine whether donor is an emotional or a rational donor and determine how to mostly communicate:
 - If emotional: photos, videos, Christmas cards, etc
 - If rational: figures, impact achieved, etc
- Determine when a potential new donation would be considered
- Ask whether it is still okay to keep sending progress updates
 - Determine desired frequency of communication
- Determine when a potential donation would be considered
- Ask whether it is okay to already send progress updates
 - Determine desired frequency of communication



Fundraising: companies – Pitch

Suggested elements Incl key objectives Vision / mission • E.g. measurable impacts in 3-5 years Organization's Incl. resources and assets (people, financial, etc) and summary of key personnel capacity **Beneficiaries** Identify prioritized groups to be reached Activities / Include a picture / visual representation of framework or model for project logic model Describe expected results of the program and **KPIs** key criteria to evaluate Identify link between resources required and **Business plan** social service delivered Include all projected income (monetary but **Budget** also in kind) and projected expenses¹ Plan to engage stakeholders, e.g. community **Communication plan** and donors

Highlight...

...community / social media visibility (e.g. FB/IG/etc)

...good governance (no fraud)

...organizational track record (past results / impact / awards)

...beneficiary satisfaction

...cost efficiency (efficient provision of services)

...other past or current donors



Fundraising: foundations/embassies – Rules of thumb

Rules of thumb

Description

Foundations often prefer to support larger NGOs

It is more cost efficient to provide larger tickets (less NGOs have to be selected) and with larger NGOs there is less perceived chance of fraud

There is significant reporting required

- On past impact achieved, good governance and project budgeting, especially with UN-based/affiliated organizations (given significant scrutiny by donors)
- Application process can be very lenghty and can require large amount of work

Donation commitments from foundations can be more consistent than from embassies

Donation commitments from embassies can often change with a new government policy or in case of a natural disaster in the country of the embassy

It is crucial to subscribe to grant posting websites¹ (scoping based on criteria related to your NGO)



• Fundraising: foundations/embassies – Elements of proposal (I/II)

Elements	Description
----------	-------------

Overview	Cover letter	Include important info: e.g. RFA/grant name, proposal name, agency name
	Abstract / executive summary	Summarize proposal in 1 page: devote at least one sentence to every sub-section
Statement of problem/goal		 E.g. by including public records/indicators to stress importance Stress that problem/goal is important for community (e.g. surveys, assessments)
Context	Description of community	 Describe geographic area, population and other relevant characteristics Describe intended beneficiaries, including relevant characteristics
	Mission and objectives	 State vision to deal with problem / goal State key behavioral objectives for project (e.g. measurable impacts in 3-5 years)
	Organization's capacity	 Incl. resources and assets (people, financial, etc) and summary key personnel Show organizational development (how long around, how grown, etc)
Intention	Community's capacity	 Community's assets and resources and level of readiness Describe support from other organizations and achievements so far
	Beneficiaries	 Identify prioritized groups to be reached Describe the approaches to be used to reach the prioritized groups

Recommended to submit a proposal of 10-20 pages



• Fundraising: foundations/embassies – Elements of proposal (II/II)

Description

Elements

		·
	Resources / barriers	 Describe key stakeholders who could potentially support Describe potential sources of resistance, and how it could be reduced
Methods	Project activities	Describe the activities to be carried out, in detail
methods	Logic model	 Include a picture / visual representation of framework or model for project Incl. context, inputs, activities, intended effects, outputs
	Intervention and action plan	 Include implementation timeline, with how resources are intended to be used over time (potentially in Appendix)
Frankiskisk	KPIs	 Describe the expected results of the program by the end of the funding period What is success for project? What are key criteria used to evaluate?
Evaluation	Measurement	Indicate data to be gathered to evaluate on performanceIndicate how performance results will be used for decision making on project
Financials	Business plan	 Identify link between resources required and specific activies / services / products to be offered
	Annual budget	 Include all projected income (monetary but also in kind) and projected expenses (salaries, office, rent, utilities, phone, computer, equipment, travel)

Potentially include Appendix, e.g. with Letters of Support and other evidence for proposal elements



Fundraising: government - Overview

Select Approach Propose Engage

Select government agencies based on:

- Similarity of area covered
- Potential government schemes (based on government objectives)
- Corporate Village network¹
- If EU/etc: active call for proposal in line with NGO objective²

Approach government agencies at different levels

Both at decision and executional level

If EU/etc: let partner in country of funding approach gov't body

- · For increased credibility
- E.g. university that has scored NGO

Several forms of support can be proposed:

- Ask for donation to fill funding gap
 - If EU/etc: grants are likely too big, so sub-grants have to be proposed
- Partnership in project that supports government's objective (PPP)
- Donation matching of company or individual donations

Governments can be best kept engaged via:

- Involvement in project kick-off
- Engage in monitoring and feedback
- Participate in government organised seminars/conferences and play active role as speaker



Fundraising: other income generating activities

Initiative	Offer	Feasibility	Impact
Charge for offered services	Install co-pay model • Beneficiaries pay a small proportion of the cost	0	
Sell IT best practice	Sell IT model developed for operations		
Sell model	Sell model to other NGOs or government, given 25 years of track record • E.g. when NGOs or goverments want to launch similar model	•	•
FISA	Achieve Future Income Sharing Agreement with beneficiaries • Beneficiaries donate back the moment they start working in the future	•	•
Consultancy	Give advice to related organizations on treatment insights		
Selling of data	Sell 25 years of data on relative effectiveness of social practices • E.g. to new similar NGOs, government, etc	\bigcirc	



11 Fundraising: CRM – Overview

There are	several advantages of a CRM system	And there are several considerations to choose a system		
Advantages	Description	Advantages	Description	
Tailored fundraising	 Given info on donor preferences (sector, geography, ticket size) and availability (when money is available) 	Price	 Price is typically \$20¹ - ~100's / month However, many CRM vendors have free options for limited number of users 	
More tailored event planning	Event invites can be tailored to specific benefactors to avoid spamming	Features	 Many CRM packages have specializations for specific functions, 	
Find volunteers	Given possibility to communicate to interested based on people's professional	reatures	e.g. fundraising, advocacy or volunteer recruitment	
based on skills Knowledge/ data retention	For a smoother transition in case of FTE changes	Level of tailoring/integration	To improve efficiency and consistent look & feel of external communication	

¹⁾ For example NonProfitEasy and Batchbook



19 Fundraising: strategic partners - Overview

Strategic partner	Examples			
Fund request partners	 E.g. universities in geography of grant that can endorse impact of NGO Especially relevant in case fund request is done in different (e.g. with EU grant) The partner typically receives a mgmt fee for being fund request partner 			
Value chain partners	E.g. with companies or other NGOs in next step in value chain, as this enhances the impact the NGO makes			
Facilitation agencies	E.g. agencies that help with crowdfunding campaign (such as United Way / CAF), etc			



Fundraising: professional fundraisers

Typically only larger NGOs hire professional fundraising experts

 As professional fundraising salaries should maximally be ~3% of NGO budget and as fundraising professionals are expensive

Smaller NGOs typically hire fundraising consultants, larger NGOs full-time staff • Smaller NGOs typically do not have the resources to finance full-time staff

• Larger NGOs typically prefer full-time staff, given more dedication to specific NGO, culture alignment, and learning benefits

Professional fundraisers are often highest paid in the NGO and have highest turn-over

• In many developing countries professional fundraisers often:

- Earn more than CEO of the NGO
- Stay only for 1 2 years with an NGO

Professional fundraisers typically get base salary + flexible pay-for-performance

- As NGOs can often not finance expensive professional fundraisers and can keep the cost lower by proposing variable pay
- Salary is hardly ever completely flexible and is often against profession codes



Fundraising: unrestricted funding

Unrestricted funding is important, but hard to obtain				
Categories	Description			
What is unrestricted funding?	 Funding that can be spent on any NGO purpose: projects or admin/overhead¹ Funding from foundations and companies is often restricted 			
Why is it important?	 Allows to invest in organization² or to respond more quickly to changes³ 			
Why do donors prefer restricted?	 Preference for more control over spending (in line with ext' communication) Easier to measure results of donation 			

Hence, NGOs can choose several strategies			
Strategies		Description	
	More unrestr. beneficiaries	 E.g. more money from individuals, small/medium-sized companies, etc 	
	More social business	 Higher reliance on selling products or services (e.g. consulting, microfinance, etc) 	
	Unr. funds for performance	 Unrestricted funding in case pre-defined KPIs are met 	
	Providing optionality	Donor can choose whether prefers to donate restricted or unrestricted ⁴	
	Reallocate costs	Allocate more overhead/admin costs into project costs	

Suggested suitability

1) Staff salaries, rent, furniture, computers, fundraising costs, utilities, insurance, etc; 2) E.g. in fundraising and other overhead, giving pay raise to high-performing individuals; 3) Without having to first check with donors; 4) E.g. American Red Cross gives options to give unrestricted, or for "Disaster Relief," "Where it is needed most," or "Your Local Red Cross.")



1 Fundraising: KPIs / impact measurement - Overview

Type of data		Type of sub-data	Applicable?
	a Financial	Statistics on money raised, costs, and efficiency	
Aggregate	b Non-financial	Statistics on support provided, staff, and donors	
metrics	Social media	Number of visitors, likes, shares, comments, etc	V
	d Fundraising	Conversion rates, donor retention, recurring gifts, etc	
	e Beneficiary satisfaction	Measures on how happy beneficiary is with support, on several dimensions	
Beneficiary metrics	f External evaluation	Measures observed improvement of beneficiaries across selected dimensions	Only in case of:
	g Before/after	Measures statistics on selected dimensions before vs after support was provided ¹	A clear beneficiarySignificant solo impact



Fundraising: KPIs / impact measurement — Financial/non-financial

Frequency	Monthly / quarterly
Goal	Analyze trends through over months / quarters

Financial

- Money raised
 - Breakdown in type of donations / income and channel (online vs offline)
 - Average gift size
 - Recurring gift %
 - Pledge fulfillment %
 - % donation vs giving capacity
- Costs:
 - Breakdown in type of costs: operational vs overhead
 - Program expense growth
- Efficiency
 - % spent on beneficiaries (vs admin)¹
 - Cost efficiency of fund-raising per activity (ROI)

Non-financial

- Support provided:
 - Number of beneficiaries + successes
 - Number of hours of service provided
 - % attendance children
- Staff: employees vs volunteers
 - Number of staff
 - Staff / beneficiary ratio
 - % sick leave
- Donors
 - Donor growth
 - Retention rate
 - Conversion rate in donation funnel





Metrics

Fundraising: KPIs / impact measurement - Fundraising

Metrics		Description			
Donation	Gifts secured	 Broken down in donor type (individual / company / foundation / government), channel (offline vs online) and monetary/in-kind 			
metrics	% donation vs giving capacity	Based on an estimation of the giving capacity of donors			
	Donor retention rate	• % donors that have given more than 1 time			
Retention	Recurring gift %	% of gifts from recurring donors			
metrics	Average gift size growth	To track traction with donors			
	Donation / donor growth	Both in euros and # of donors, measured monthly and annual			
Communication	Conversion rate	Rates on opening, click-through, acts on call-to-action, opt-out			
metrics	Outreach rate	Frequency of getting in touch with donors			

Description





Fundraising: KPIs / impact measurement - Beneficiary satisfaction

Frequency	Every ~2 months			
Question structure	Scoring on 1-10			
Metrics	 Extent that services provided match preferences of beneficiary Happiness with amount of services provided Impact of services on ability to do things beneficiaries deems important Impact of services on ability to make better decisions about one's life Extent comments / complaints are incorporated Politeness of employees / volunteers Extent employees / volunteers listen to beneficiary Time employees / volunteers take for beneficiary Extent employees / volunteers take beneficiary serious Extent employees / volunteers explain something in understandable manner Extent beneficiary can reach employees / volunteers when support is needed 			





Fundraising: KPIs / impact measurement - External evaluation

Examples of metrics

- Physical health
- Mental health
- Societal participation
- Social network
- Activities in daily life
- Performance in school
- Frequency of contact with police

	Scoring overview for selected metrics					
	Metrics	1 – Acute issue	2 – Not self-reliant	3 – Limited self-reliance	4 – Sufficient self-reliance	5 – Fully self-reliant
\	Societal participation	No participation at all, survival modus	Isolated / no social skills / no motivation	Barely participating / lack of social skills to participate	Some participation (e.g. support group), but hindrances	Active participation
	Social network	Absence of support from family/friends, only wrong friends	Some family/friends, but cannot support client	Some support from family / friends, however limited	Sufficient support from family / friends, few wrong friends	Healthy social network, no wrong friends
	Activities in daily life	Serious limitations on self care and complex activities	Important problem on self care (food, hygiene, dressing)	Basic self care on all aspects, but not more com- plex (e.g. work)	All basic and complex activities, but small issues (disorganised)	No problems, functions well on all levels



